796 once in a lifetime; a man who sought extra
787 supernatural power might take it each year, or
276 every few years, provided he observed the usual tabus. A man who desired special power was not differentiated from other participants during the ritual but behaved and was treated like the novices.

796 The ritual leader was "any man" who knew
276 how to administer the drink safely and who was of good character, i.e., "who had never killed anyone, or told lies; he must be a kind man" (M.P.). The leader and local chief, after consultation, set the day for the rite, and it
[262] was announced twelve days in advance by a winatum. Thereafter the participants drank only
● [603] thin acorn mush. Meanwhile the grandmothers (both paternal and maternal) of the novices went to the leader and arranged the details of their grandchildren's participation. An experienced participant did not necessarily need a sponsor, but if he were a shaman he might have his winatum help him through the crisis.

At dawn of the day set, the leader with two winatums went through the village calling the boys and girls to come drink jimsonweed with them. They assembled and all went for a long walk or run while the leader procured his plants. At the village of Gutsnumi, for example, the procession ran, with the leader ahead and a winatum before and behind the line of youths, along the trail to Čoiš.šiu (Bell Bluff). At the beginning of the trail an arc of willow withes, about three feet high at the center point, was erected over which each person must jump. One failing to clear it, or tripping, was believed to have broken the meat tabu and was sent directly home.[268] "There was no use keeping on as tañai wouldn't work on anybody who had eaten meat" (M.P.). The total length of the run was about two miles. The winatums returned with the youths while the leader dug the jimsonweed.

The plants he brought back to a bedrock mortar where the participants' mothers were gathered with baskets of water. After the man pounded the weeds, he put them to soak in the water and it was allowed to stand for a while. (M.L. said "a woman dressed up with beads soaked the tañai in water." This does not fit with other information, though all persons were dressed in their best, even if merely onlookers.)

Meanwhile the drinkers were taken to the assembly space where blankets were laid out for them. Each child had a blanket, an individual drinking basket, and two women sponsors [the grandmothers?] present. Then the leader
796 brought the decoction and made a speech telling
276 the youths to pay attention to what they would
787 see in their dreams and to fear nothing, saying that, if they dreamed of some particular bird

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[268] For mythical reference to this practice see Latta, California Indian Folklore, 71.

[P. 166 b] Kechayi

After the birth occurred, the
846 mother drank only warm acorn soup (li´mɨn) for six days or until the umbilical stump fell off. After that she ate only soups and seed food (lu´kɨn) for two months.

[843] The father was not under any tabus during pregnancy, E.M. believes, but after the birth he ate nothing hard or greasy until the stump came off. He also did no hard work for one moon [month].

[841 343] There was no separate hut for birth or menses.

844 At the time of birth a girl's own mother or elder sister helped her. She lay on her back during labor (E.M. was uncertain on this [237] point). A bear claw was soaked in water and the liquid was drunk to make hard labor easier. [616] A woman of either moiety could use this. The umbilicus was cut with a sharp bone or clam-[823] shell; flint was tabu, and E.M. never saw a cane knife used. The afterbirth was buried in the ground. The mother lay on the hot bed of ashes only if she were very ill or her back ached.

854 When the baby was born its paternal grand-[603] father brought the first cradle (bi´ɨč), which had been made by a paternal aunt. This cradle was of soft willows and had a hoop awning.[65] [553] The baby remained on this for two months, at the end of which time it was named, removed to its permanent cradle (ahɨ´lɨč), and the mother was cleansed.

846 When the navel stump fell off it was put in a piece of buckskin and hung with a few strands of beads to the cradle hood for the baby to play with. If the stump were lost, the child would be subject to nausea. When the [856 child left the cradle, the stump was removed 787] from it; for a boy it was placed in an oak tree so he would become a good climber, but for a girl it was put in an anthill to make her industrious.

854 At the end of two months the baby was put 553 on its second cradle, and received a name selected by its paternal grandfather or grandmother. For a boy, the paternal grandfather's name was chosen, for a girl, her oldest paternal aunt's.[66] At the same time a "party" was given for the mother by these paternal relatives -- her husband's family. She was washed, dressed in new clothes, and partook of meat again.

844 The food and working tabus for both parents were observed only for the first child. 846 But the use of the cradles, preservation of the navel stump, and the naming "party" were carried out for all offspring.

845 Twins were thought by some to be a misfortune. This was because of the belief that they were difficult to raise. Before visitors

[65] The hoop awning, E.M. explained, is useful only when the infant is supine; cradles of small babies were not stood upright.

[66] [611] A rule more of theory than of practice, as the genealogies indicate. The important point is the emphasis on the male line.